PRISONTOK GIRLIES

PTG Guide 04

REENTRY PLANNING GUIDE

planning the road home ♡

Coming home is a beginning, not a finish line. The families who plan early have the softest landings. Start these conversations months before the release date.

6–12 MONTHS OUT: DOCUMENTS

- ♡ Birth certificate — order from the state's vital records office.
- ♡ Social Security card — replacement through the Social Security Administration.
- ♡ State ID or driver's license — many states have reentry ID programs.
- ♡ Medical and prescription records from the facility.

HOUSING

- ♡ Confirm whether parole or probation must approve the address before release.
- ♡ Ask about transitional and halfway housing waitlists early — they are long.
- ♡ Know that some housing has restrictions based on conviction type. Ask directly, in advance.

INCOME AND WORK

- ♡ Look for fair-chance and second-chance employers in your area.
- ♡ Ask about the Federal Bonding Program and the Work Opportunity Tax Credit — both make hiring easier for employers.
- ♡ Trades, CDL programs, and food-service certifications often hire quickly.
- ♡ Set a realistic first-90-days budget together, including supervision fees and fines.

HEALTH CARE

- ♡ Apply for Medicaid before release where your state allows it.
- ♡ Schedule a primary care visit in the first two weeks home.
- ♡ Line up mental health and substance-use support before it is urgent.

SUPERVISION RULES

- ♡ Write down the parole or probation officer's contact and reporting schedule.
- ♡ Know the curfew, travel, association, and technology rules in writing.

♡ Keep a folder of every receipt, certificate, and completed class.

THE RELATIONSHIP PLAN

♡ Talk honestly about money, chores, phones, privacy, and time apart before day one.

♡ Expect an adjustment period. Both of you changed.

♡ Agree on a check-in: same time each week, no phones, no distractions.

YOUR NOTES

write it out, girlie ♡

Our release-week plan...

The first three things to handle...

What I need us to agree on before day one...

Reentry works best as a team sport. Plan it together and you will both feel steadier the day those doors open.

♡